

Brooklyn Park Traveling Basketball  
 10,000 Shots Made Club  
 April 1st - September 30th

Name: \_\_\_\_\_  
 Grade: \_\_\_\_\_  
 Parent's Signature: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

April	Recommended Shot					Daily Total
	1-3' Shots Right Handed	1-3' Shots Left Handed	10-15' Shots	3 Point Shots	Free Throws	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
21						
22						
23						
24						
25						
26						
27						
28						
29						
30						
<b>Monthly Total</b>						

Notes: 1-3' shots include both sides and middle of court  
 10-15' shots include baseline, wing, elbow and center/middle shots, turn and shoot, shot fake & 1 dribble  
 3 point shots - combination of center, wing and baseline shots  
 Free Throws

Younger players should shoot more 1-3' & 10-15" shots instead of 3 point shots

Monthly Forms Can Be Emailed To: [bphoops@gmail.com](mailto:bphoops@gmail.com)



Or Mailed to: **Brooklyn Park Traveling Basketball**  
 P.O. Box 43608  
 Brooklyn Park, MN 55443